

SPORT

Back to where it all began for Larne Karate Club

LARNE Karate Club recently moved back to the location where the club was formed over 30 years ago by Sensei Bobby Rea.

The newly-constructed Greenland Community Centre building replaces the old hall that served the club well for many years.

The building is the result of substantial investment from Larne Borough Council and has proved to be a first class facility.

Recently the club held gradings with all students achieving their respective grades, Adrian Cooke 1st Dan Black Belt, Martin O'Boyle and Christy O'Toole both achieving Yellow Belt.

Chief Instructor Sensei Karl Platten (3rd Dan) and Senior Instructors Frank Healy (3rd Dan), Peter McFaul (3rd Dan) and David McLean (3rd Dan) strive to provide a high standard of traditional Wado-Ryu Karate, bringing beginners through the ranks to Black Belt standard.

The club trains twice a week and welcomes anyone from 6 years and up who wishes to learn Karate, Self Defence and stay fit. Training nights are Monday nights 7-9pm and Wednesday 7-8pm.

For more information check club web site www.larnekarateclub.co.uk



ABOVE: Adrian Cooke of Larne Karate Club pictured with his 1st Dan Black Belt certificate. With him are instructors Sensei Karl Platten, Peter McFaul, David McClean and Frank Healy. LT12-309-PR



RIGHT: Larne Karate Club pictured back in their original location in the newly rebuilt Greenland Community Centre. LT12-308-PR
Pictures: Peter Rippon